

Nonviolent Conflict Resolution of Systemic and Individual Discrimination

Deep trauma, pain, and suffering smoldering under the surface have now erupted after the murder of George Floyd, an unarmed black man in Minnesota. After years and centuries of discrimination and injustice against black people, people are taking to the streets all over the world. Their voice is heard loud and clear, “this is enough, black lives matter.”

We must work together peacefully to identify and root out discrimination and prejudice toward black people, women, Native Americans, other minorities, and all people and animals. Nonviolent conflict resolution, a form of engaged compassion bathed in mutual respect and understanding, is the way forward. We must engage in dialogue at all levels of society, led by the new leadership come November.

This amazing speech given from the heart without notes by Robert F. Kennedy announcing and eulogizing the murder of Dr. Martin Luther King, Jr. on April 4, 1968, is heartbreaking as well as relevant today – <https://www.youtube.com/watch?v=GoKzCff8Zbs>

Sixty-three days later, RFK was assassinated. It is time to courageously engage in these discussions about racism and bigotry, both systemic and individual. For this is about health. Health of our country and mental health of all of our citizens. Altruism in Medicine Institute fully supports these discussions and will be an active participant.

Founder and President
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